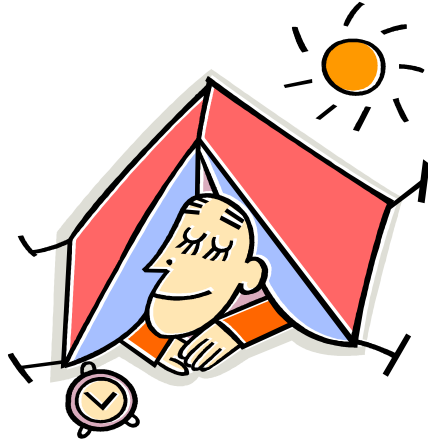


A DofE expedition

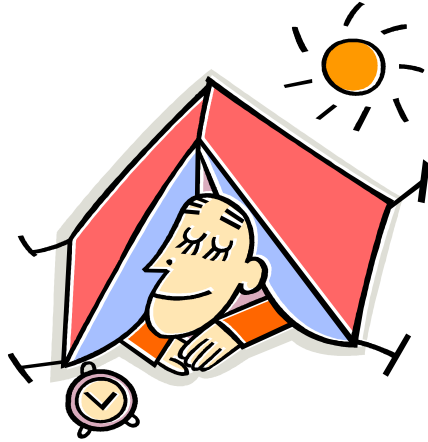
The expedition process

Includes material from Hampshire Scouts, gratefully acknowledged

FIVE STAGES OF THE EXPEDITION PROCESS

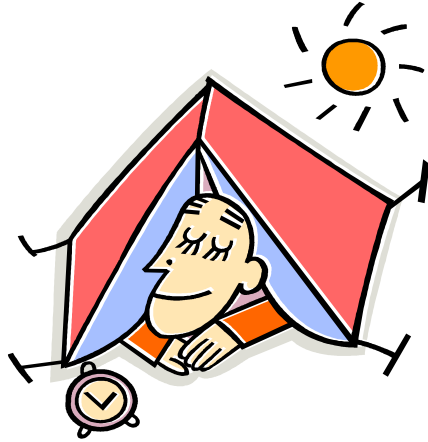


FIVE STAGES OF THE EXPEDITION PROCESS



1. Training
2. Preparation
3. Practice hikes
4. Qualifying expedition
5. After the expedition

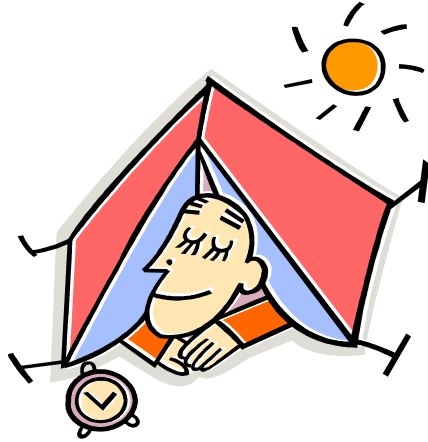
FIVE STAGES OF THE EXPEDITION PROCESS



1. Training

- What is the mode of travel?
- Cover the training framework.

FIVE STAGES OF THE EXPEDITION PROCESS

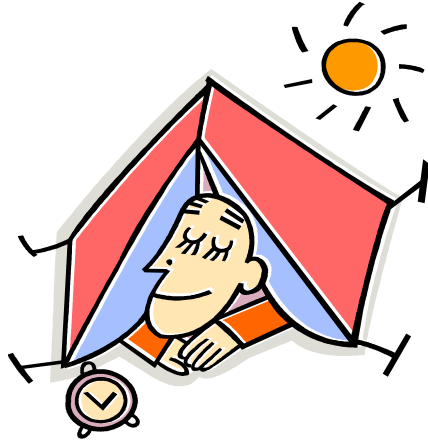


1. Training

- What is the mode of travel?
- Cover the **training framework**.

1. First aid and emergency procedures
2. An awareness of risk and health and safety issues
3. Navigation and route planning
 - a. Preparatory map skills
 - b. Practical map skills
 - c. Compass skills
4. Campcraft, equipment and hygiene
5. Food and cooking
6. Countryside and Highway Codes
7. Observation recording and presentations
8. Team building
9. Proficiency in the mode of travel - walking

FIVE STAGES OF THE EXPEDITION PROCESS

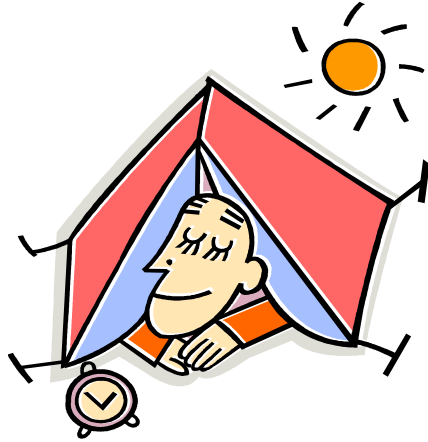


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FIVE STAGES OF THE EXPEDITION PROCESS



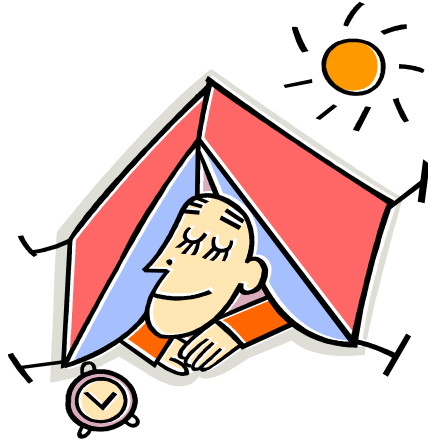
1. Training

- What is the mode of travel?
- Cover the training framework.

2. Preparation

- Where are you going?
- Who is in the team?
- What is your Aim?
- Is all the paperwork complete?

FIVE STAGES OF THE EXPEDITION PROCESS



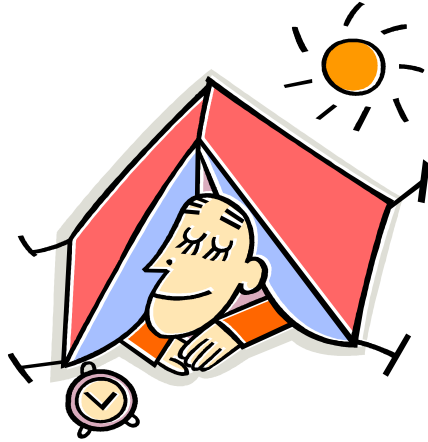
1. Training

- What is the mode of travel?
- Cover the training framework.

2. Preparation

- Where are you going?
- Who is in the team? Walking group of 4-7
- What is your Aim?
- Is all the paperwork complete?

FIVE STAGES OF THE EXPEDITION PROCESS



1. Training

- What is the mode of travel?
- Cover the training framework.

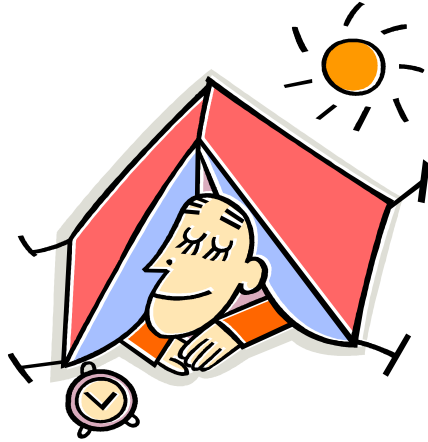
2. Preparation

- Where are you going?
- Who is in the team?
- What is your Aim?
- Is all the paperwork complete?

3. Practice hikes

- Where? When? How long?
- After the hikes
- What have you learned?
- Is more practice needed?

FIVE STAGES OF THE EXPEDITION PROCESS



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- What is the mode of travel?
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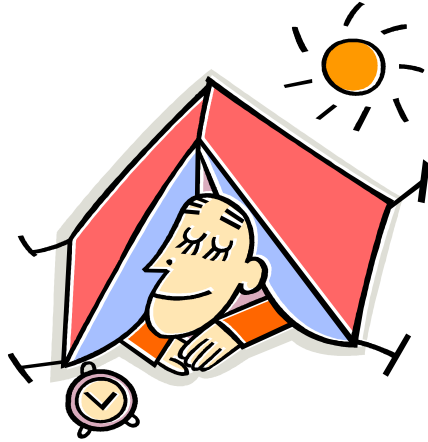
After the hikes

- What have you learned?
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4. Qualifying Expedition

- Complete the expedition meeting the 20 conditions
- Assessor debriefs the team

FIVE STAGES OF THE EXPEDITION PROCESS



1. Training

- What is the mode of travel?
- Cover the training framework.

2. Preparation

- Where are you going?
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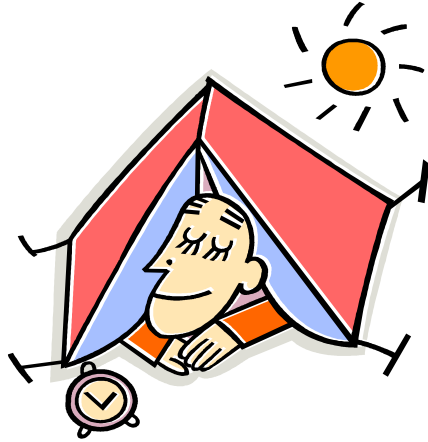
4. Qualifying Expedition

- Complete the expedition meeting the 20 conditions
- Assessor debriefs the team

All expeditions

- must be by the participants' own physical effort, without motorised or outside assistance.
- must be unaccompanied and self-sufficient.

FIVE STAGES OF THE EXPEDITION PROCESS



1. Training

- What is the mode of travel?
- Cover the training framework.

2. Preparation

- Where are you going?
- Who is in the team?
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- Is all the paperwork complete?

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- What have you learned?
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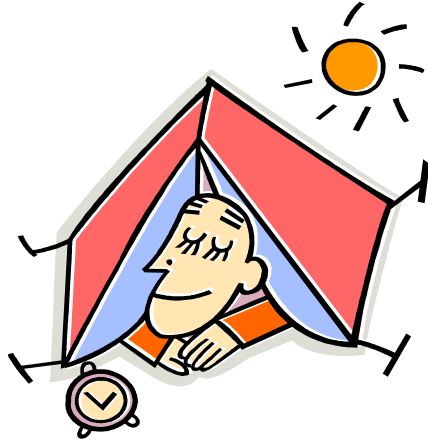
4. Qualifying Expedition

- Complete the expedition meeting the 20 conditions
- Assessor debriefs the team

5. After the Expedition

- Discuss and note things you have learned

FIVE STAGES OF THE EXPEDITION PROCESS



Look
forward
to Silver